

Zucker Student-Run Free Clinic (Queens)

Free evening clinic run by medical students. Offers checkups, vaccines, bloodwork, and referrals for uninsured

ECHO Free Clinic (Bronx)

Saturday clinic providing free primary care, social work, and referrals for uninsured Bronx residents.

Planned Parenthood

Affordable sexual and reproductive health services: birth control, STD testing, abortion care, wellness, and gender-affirming care.

New York Common Pantry

Food pantry and nutrition programs helping NYC residents reduce food insecurity and access support services.

NYS Housing Resources & Referrals

State site with affordable housing info, rental assistance, and tenant rights resources.

Fair Fares NYC

Program offering half-price MetroCards for low-income NYC residents.